



Supercharge Working Remotely **AMPLIFY your communication & connection**

onsite or working remotely



COMMUNICATION IS THE RESPONSE THAT YOU GET

- Shape and shift your message
- Ensure an exchange & understanding

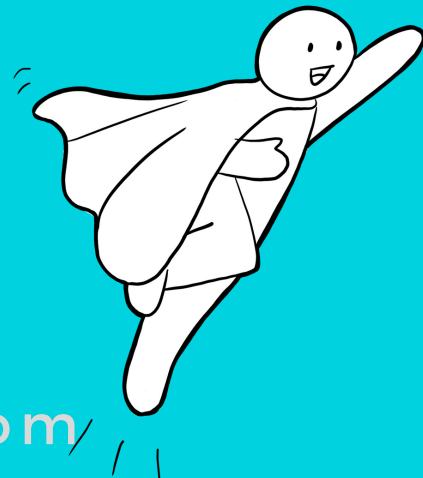
- Words count for 7% of our message
- Listen to what is NOT being said
- Pay attention to body language



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- Match the pitch & pace of the other person's voice- this builds rapport.
- Rapport = influence and connection.



- Mix up the way you communicate
- Ramp up the visuals with video conferencing
- Check in with phone calls
- Leverage your technology



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CONNECTION IS A HUMAN NEED

- Collaborate in team meetings
- Share, be open & transparent

- Connect to yourself & others
- Practice self-care & self-growth
- Get involved & stay creative



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Supercharge Working Remotely

workshops, 1-on-1 - & group
coaching sessions available in the
virtual space now!

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